



BLP

Building learning power(BLP)unlocks
life long learning .

At school, we(the children)use our
many learning muscles to help us in
everyday life . Here are some of our
muscles we use.

Resilience

- ▶ This means you are ready to work and are focused on your task .
- ▶ The perseverance muscle is where you are trying your hardest whether its tough or boring .

**NEVER
LOSE HOPE**

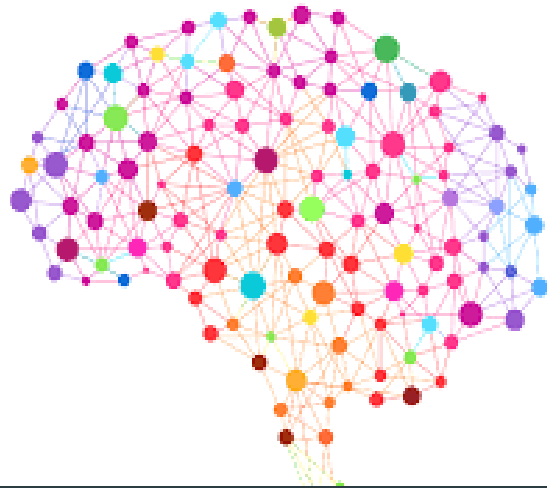
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**AT FIRST
— YOU DON'T —
SUCCEED
— TRY TRY TRY —
AGAIN —**

Reflectiveness



- ▶ This means being ready , willing and up for the task .
- ▶ The meta - learning muscle ;you are interested in your learning as an individual and you know your strong points and things your not as good at .



Resourcefulness

This means you are able to learn in different ways .

The making links muscle means you can connect your ideas together between many different things .

Reciprocity

- ▶ This is where you can learn alone and with others when need be .
- ▶ The independency learning muscle ; you are able to work alone and with others but keep your ideas



Conclusion



- ▶ Hopefully , now you know most about BLP learning muscles !
- ▶ These should help you with your problems in everyday life . If you want more info go to www.redoaks.org
- ▶

THE END !!!!!!!!!!!!!!! :):):O

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