

Red Oaks Primary School
15th July 2020
Newsletter



Last Day - 22nd July

For those children in school, please bring a carrier bag on the last day so that books and other items from school can be taken home. **For any Year 6 children not in school**, books can be collected with reports and for any children in Nursery or Reception, Special books will be sent home with children in school or can be collected with reports. For all other children who are not currently in school, books will be passed up in trays to the next teachers so that they can be taken home in September.



Please note that we do keep some books for one year as evidence of progress. If your child's book is kept, they will take this home when the year is over and we collect new books.



End of year reports

End of year reports will be sent home with children who are in school on Monday 20th July. For those not in school, reports and special books (Nursery and Reception) will be available from the office between 10.00am-2.00pm on Monday 20th and Tuesday 21st July and between 10.00am-12.00pm on 22nd July. Any that are not collected will be kept until September.

September

A separate letter for September arrangements will be sent out soon. This will contain important information about dinners and entrances to the school etc. Please read carefully so that our first day back in September can run smoothly.

Headteacher Challenge

Thanks to those of you who have sent in photos and entries to the website - we have really enjoyed sharing these at school. The last headteacher challenge is now on the website <https://www.redoaks.org.uk/covidHead.php>. 😊



This week's BSL topic is: Summer Holiday Activities

The Summer Holidays are fast approaching! What will you get up to? Will you spend time in the garden, play with friends, eat ice-cream, go to the beach?...

Have a look at these BSL signs that cover all of those fantastic summer activities.

<https://www.youtube.com/watch?v=HskbZCXT8zI&feature=youtu.be>

Contacting staff

If you wish to speak to a member of staff, please do not catch them in the car park as there have been several instances where staff do not wish to appear rude but do not really have the time to talk as they are entering or leaving school. Members of staff are more than happy to talk to you if you contact the office to arrange an appointment please. Thank you for your understanding.





Thank you to FORO

Thank you to FORO and to all of you who support our events, it is much appreciated.

This year donations will be made as follows:

£400 maths resources

£300 maps, globes and geography resources

£710 new friendship benches

£6,035.40 school garden

HOLD ON



End of Term

This has been a very strange couple of terms and we are very proud of how our Red Oaks community has pulled together. The children have all been amazing - those in school have shown great resilience and those at home have continued to engage so well with their teachers and school work. A huge thank you too to all our staff who have continued to provide the best they can for the children in these unusual circumstances.

NEARLY END OF TERM!

We look forward to having all the children back in September as we have truly missed you all. Good luck to our Year 6 children who are moving on to secondary school and to those who are moving away from the area. Those in school who start at 8.30am will finish at 1.00pm on Wednesday 22nd July and those who start at 9.00am will finish at 1.30pm. Nursery will be collected at

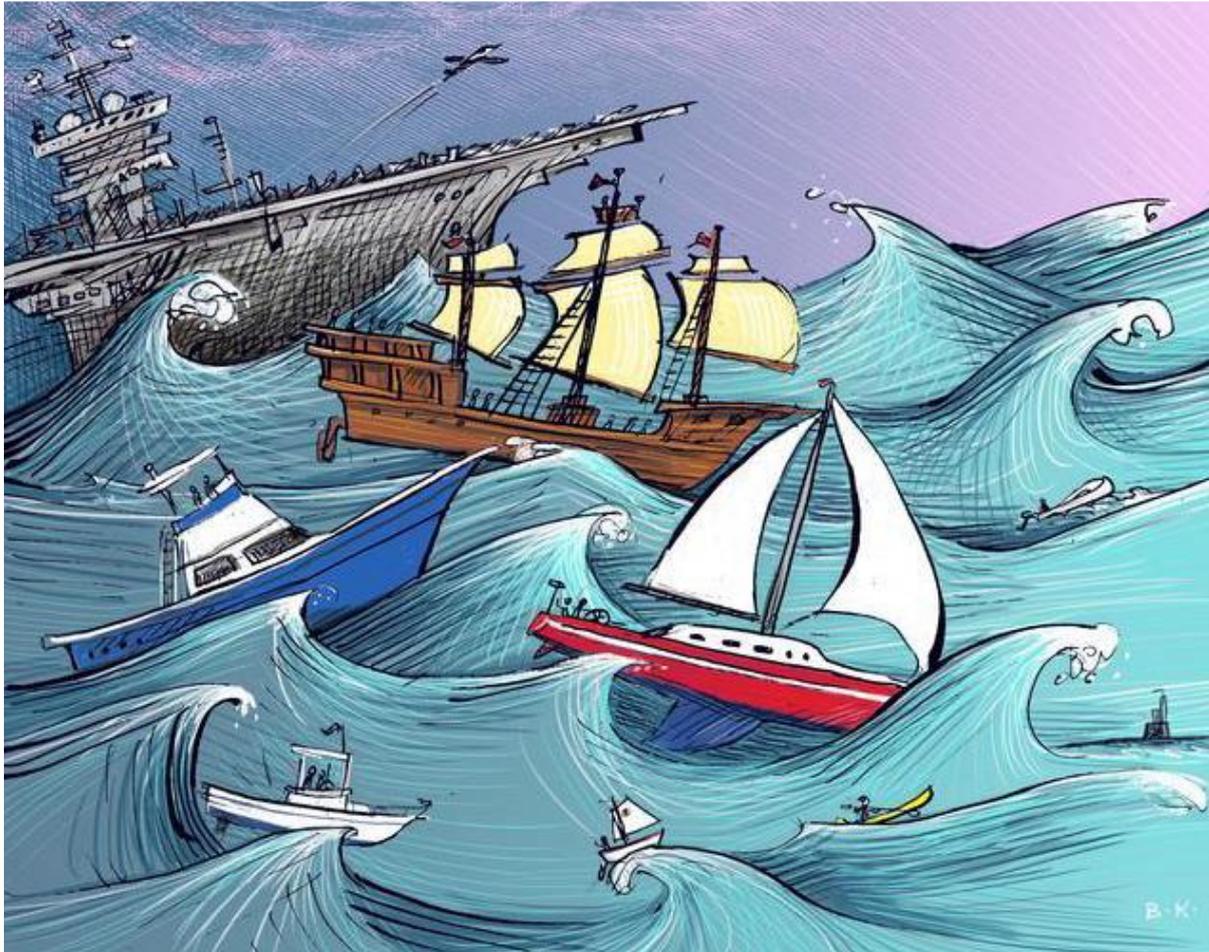
11.30am at the end of their session.

We hope you all have a lovely summer break and the sun shines. We will be reopening our doors to children on Thursday 3rd September.

Have a great summer!!



We are all in the same storm but we're not all in the same boat!



We know that everyone has had and is having their own unique experience of this pandemic and with this in mind The Mental Health Team has developed a Strategic Plan for Pupils' Social, Emotional and Mental Health in response to the Covid-19 pandemic (2020-21). Please see attached. The plan will be regularly reviewed and published on the website.

Thank you for supporting your child to complete the well-being survey. If you have not done so yet the deadline for this is Friday 17th July.

Kathy Clarke
Strategic Mental Health Lead

<https://forms.gle/UPXwoJnrVgZSeELC6>

Red Oaks' Strategic Plan for Pupils' Social, Emotional and Mental Health in response to Covid-19 pandemic (2020-21)

"The common thread that runs through the current lived experiences of our children, is loss. From loss emanates three significant dynamics that will impact majorly on the mental health of our children. Anxiety, trauma and bereavement are powerful forces. For them all to appear at once in an untimely and unplanned fashion is significant for the developing child. Our children are vulnerable at this time, and their mental-health fragile. And on top of that, they are witnessing a sea of adult anxiety, which they unwittingly are absorbing." (Carpenter and Carpenter, 2020).

Universal School Provision:

Promotion of Mental health and Well-being integrated into the school day: Virtual transition resources available for all pupils e.g. photo transition book and Meet your Teacher videos plus Social Stories, Covid-19 pamphlets, risk assessments on website. Calming music, mindfulness activities and breathing techniques in each class on at least a daily basis. Jigsaw display on class doors celebrating new skills learned and personal qualities developed during lockdown. Adults model emotional regulation and use emotion coaching language/strategies. Regular brain breaks and shorter lessons. Small targets/goals. Weekly emotional literacy support for FS2 pupils delivered by an ELSA during PPA. Whole School Happiness Award - September onwards. Co-construct and review daily/weekly "Bubble/class" rules/charter inc. "What to do if I'm feeling worried." Drop-in Box in each class/bubble - "I wish my teacher knew..." and Grief Jar. Regular check-ins - verbal and non-verbal using class emotional register. Growth mindset language, "not at the moment/not yet/one day in the future," Adults model optimism. **"Provision of information or signposting to online advice or external support organisations:** Mental Health section on the website regularly updated, with newsletters, links to advice/support agencies. A Contact Us email link to the Pastoral Manager for signposting support with a response time of 72 hours plus information on Counselling support for Parents **Activities to reduce Mental Health stigma:** Whole school World Mental Health Day October 2020 **An ethos and environment that promotes mutual care and concern including a respect for diversity:** Weekly virtual Values assemblies, sharing "Bubble/Class" activities, virtual celebration assemblies inc. local heroes and "What have we done/learned this week to support our well-being...?" **Peer mentoring/support:** Introduce and train a pilot group of Y6 pupils (Trailblazer T5/T6) **Mental Health in the Curriculum:** Deliver and monitor Pause for Thoughts in every PSHE lesson. Thread Anna Freud Strategies for Wellbeing through the KS2 curriculum.

Engagement of Parents/Carers in promoting positive mental health and wellbeing among pupils:

Sharing information about Mental Health Plan and Provision: Strategic plan published on website and reviewed three times annually. **Provision of written information and advice about supporting pupils' mental health:** Regular attachments/information in newsletters. **Face to Face sessions for parents/carers about children's mental health:** Trailblazer Early Mental Health Practitioner to provide sessions for parents: "How parental anxiety effects children" and "How to support your child face their fears." **Interventions for pupils that include parents/carers:** Pastoral Manager and ELSA to deliver Family Jigsaw programme.

Identifying Mental Health Needs:

Universal screening for all pupils to identify those in need: Questionnaire (pandemic specific) developed for screening pupils via Google Forms in July and September. Analysis at cohort and individual level. Outcomes to inform targeted support for individual pupils. A triage approach involving practitioners will be introduced to prioritise and ensure appropriate, effective and timely support.

Targeted support For Individual Pupils:

Provision from September: ELSA 2.5 days per week, TaMH's 1 day per week, Pastoral Manger 4 days per week, Trailblazer Early Mental Health Practitioner 1 day per week. **Activities and approaches:** Following triage, pupils will receive one of the following: counselling 1:1 inc Cognitive Behaviour Therapy, skills sessions (coping, problem solving, mindfulness), themed support i.e. anxiety, anger management, nurture. There will be on-going support programmes for specific individuals working with external therapists. Specific personalised resources to support transition inc. 1:1 COVID risk assessment and Stress Reduction Plans.

Transition is a process - not a day, not a week but a period of change

SWINDON DANCE

Summer Social DisDancing

ZOOM CLASS, Monday 3rd – Wednesday 5th August

JUST FOR MALES

Dance on Screen for 8-16 years

Led by Liam Wallace (Just for Boys group leader) the sessions will focus on filming and capturing movement and dance on camera.

Monday 3rd August 10am - 11am

Tuesday 4th August 10am - 11am

Wednesday 5th August 11.30am - 12.30pm

£10 for 3 days

To BOOK/more info [click here](#) | Enquiries: info@swindondance.org.uk
www.swindondance.org.uk

Swindon Dance is a company limited by guarantee, Registered in England & Wales No. 5467343; Registered Charity (No. 1111476).



Summer Social DisDancing

Monday 3rd & Tuesday 4th August, for ages 3 - 16 years

ZOOM CLASSES

streamed live from Swindon Dance

Monday 3rd August

Creative Dance

led by Sarah Fletcher

9am - 9.45am for 3-5 years £2.50

11.15am - 12 noon for 6-10 years £2.50

OUTDOOR CLASSES

in Town Gardens, Swindon

Monday 3rd August

Jazz Dance

led by Sarah Josh

2pm - 3pm for 6-10 years £6

3.30pm - 4.30pm for 11-16 years £6

Tuesday 4th August

Street Dance

led by Katie Purcell

9.30am - 10.15am for 6-10 years £4.50

Contemporary Dance

led by Helen Ganberg

10.30am - 11.30am for 11-16 years £6