Site Name: RED OAKS														
Week Commencing:														
Week 1														
Menu Item ✓ Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Molliece	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Pork Sausage, Mash, Peas & Carrots, Gravy		Wheat					$\checkmark$						>	✓
Quorn Sausage, Mash, Peas & Carrots, Gravy		Wheat					$\checkmark$							
Lasagne, Garlic Bread, Cauliflower & Broccoli		Wheat		МС			$\checkmark$		МС				МС	
Tomato Pasta, Garlic Bread, Cauliflower & Broccoli		Wheat					МС		МС				MC	
Roast Chicken Dinner & Gravy														
Roast Quorn Dinner & Gravy		Wheat												
Pizza, Wedges, Peas & Sweetcorn		Wheat		MC			$\checkmark$							
Cheese & Tom Wheel, Wedges, Peas & Corn		Wheat					$\checkmark$							
Fish Fingers, Chips & Baked Beans		Wheat			✓									
Veggie Nuggets, Chips & Baked Beans		Wheat												

Site Name: RED OAKS Week Commencing: Week 2														
Menu Item Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Pasta Bolognese, Garlic Bread & Broccoli		Wheat					<		МС				МС	
Veg Lasagne, Garlic Bread & Broccoli		Wheat		МС			>		МС				МС	
Chicken & Veg Pie, Mash, Peas & Carrots		Wheat					>							
Roasted Veg Plait, Mash, Peas & Carrots		Wheat					<b>\</b>							
Roast Gammon Dinner & Gravy														
Roast Quorn Dinner & Gravy		Wheat												
Beef Burger, Wedges & Baked Beans		Wheat										МС		
Quorn Dog, Wedges & Baked Beans		Wheat										MC		
Breaded Fish, Chips & Peas		Wheat			✓									
Pizza, Chips & Baked Peas		Wheat		MC			$\checkmark$							

Site Name: RED OAKS														
Week Commencing:														
Week 3														
Menu Item ✓ Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Meat Pizza, New Potatoes, Peas & Sweetcorn		Wheat		мс			✓							
Veg Traybake, New Potatoes, Peas & Corn							$\checkmark$							
Pork Meatballs, Pasta, Broccoli & Carrots		Wheat		$\checkmark$					МС				МС	
Ratatouille, Pasta, Broccoli & Carrots		Wheat							MC				МС	
Roast Chicken Dinner & Gravy														
Roast Quorn Dinner & Gravy		Wheat												
BBQ Chicken, Wedges & Baked Beans	$\checkmark$	Wheat/ Barley											$\checkmark$	
Falafel Wrap, Wedges & Baked Beans		Wheat												
Fish Fingers, Chips & Garden Peas		Wheat			<b>\</b>									
Veggie Sausage Roll, Chips & Baked Beans		Wheat												

Site Name: RED OAKS														
Week Commencing:														
DESSERTS														
Menu Item ✓ Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Chocolate & Beetroot / Summer Sponge Cake / Brownie		Wheat		$\checkmark$										
Apple Shortbread		Wheat												
Strawberry / Vanilla Ice Cream							$\checkmark$							
Vanilla Sponge		Wheat		$\checkmark$			$\checkmark$							
Lemon & Oat Cookie / Flapjack		Oats					•							
Pear & Ginger Muffins		Wheat		$\checkmark$			$\checkmark$							
Vanilla / Chocolate Cookie		Wheat												
Pear Sponge		Wheat		$\checkmark$										
Coconut Cake		Wheat												1
Chocolate Cornflake Cake		Barley												