

Red Oaks Primary School
18th November 2020
Newsletter



Christmas Shoe Box Donations

Thank you so much for all your donations for the Christmas Box appeal. You have managed to raise a whopping £520.00 which will go to this excellent cause and make Christmas a bit brighter for children who will otherwise have nothing. Thank you.

Anti-Bullying week - Odd Socks Friday 20th Nov

This week is National Anti-bullying week. As well as some work in school and assemblies based on this theme, we are inviting children (and staff) to wear odd socks on Friday to show we support this campaign. We are looking forward to seeing your clashing combinations 😊. Please read the attached poster and go through it with your children. This is used at school where we reinforce to children that sometimes people are unkind - we can all be unkind sometimes. Bullying is more than this, bullying is repetitive and targeted and this is where we may have a concern.



Large Bags

A gentle reminder that children should not be bringing large bags to school or unnecessary items. A lunch box, reading book and homework book are all that is required. PE kits can stay in school and do not need to go backwards and forwards. We have very limited space in school and our COVID risk assessment states that a minimal number of items should be brought in from home. Thank you.

Saturday 12th December: Fun News!

We are excited to announce that Emma from Go Sketch Club has been providing workshops for our teachers to use in class and is now offering a free live workshop on **Saturday 12th December** just for Red Oaks!

Kawaii Cartoon Workshop with Go Sketch Club - FREE 😊

Live on Zoom and **suitable for the whole family!** Saturday 12th December 10am-11am

To join register here: <https://www.gosketchclub.com/live-webinar/red-oaks-kawaii-cartoon-workshop/register>

Secure link to join: You will be asked to enter a name and email to access the class. This is to ensure you are emailed a unique URL address to access the meeting rather than a meeting ID and password (You can access link in email or click GO once registered if workshop is starting soon). This makes it secure for the families attending. You will not be added to any mailing list and your data is deleted after the workshop.

Will there be a replay?

Emma at Go Sketch Club has a recording of the same workshop that she can share with those unable to turn up live. You will need to register to get this emailed to you after the workshop. I would recommend turning up live as it is fun to interact with everyone :)

What if I lose my link to the workshop after registering?

The link will have been emailed to you so search in your email for emma@gosketch.co.uk (sometimes it may end up in your spam folder). Still can't find it? There may have been a typo in your email. Register again here: <https://www.gosketchclub.com/live-webinar/red-oaks-kawaii-cartoon-workshop/register>

Any questions?

Email emma@gosketch.co.uk and she will be happy to help. To see other online courses and to get £5 off just for Red Oaks Parents click here: <https://www.gosketchclub.com/courses?affiliate=uYFoWk&coupon=REDOAKS>
Any courses that you sign up to will give 50% of the proceeds back to the school.



Online Safety

Social media can be really addictive, and sites want to keep users on their platforms for as long as possible. The more people scroll and consume there, the more money the social networks make from advertisers. Because of this, the platforms have invested heavily in designing themselves to be super addictive, persuading you to stay with them online. Have you ever noticed that you can seemingly scroll forever on Facebook or Instagram? That's because these platforms collect content from right across the internet so they can keep giving you, or your child, stuff to look at.

In the guide, you'll find tips on a number of potential risks such as how to use screen time controls, how to monitor the situation and how to be a good role model. As always if you have any questions or concerns please contact Mr Lee.

Calling All Musicians!!!

Normally, around this time of year, we would invite children who play a musical instrument to bring their instrument into school so that they can perform in Singing Assemblies. Unfortunately, owing to COVID restrictions, this has not been possible this term. However, we would still like to celebrate the children's talent as much as possible!



So, if your child plays an instrument (or sings) and would like to share their talent, please record your child at home and send the video to their class teacher. We can then share them with other classes in a virtual concert! Please aim to send the videos by this **Friday, 20th November**. I can't wait to see them! Good luck! Miss Griffiths.



Face Coverings

Please ensure that you wear a mask or face covering when dropping off or collecting from school. We aim to make all children and adults feel safe as they come into school. Can you ensure that you also keep children with you whilst waiting to enter the building so that they are not mixing with children from other bubbles. Many thanks.

Contact

If you have any questions or concerns, please use the following contacts:

Mrs Surch - head@redoaks.org.uk

Mr Lee - deputyhead@redoaks.org.uk

General Queries - Admin team - admin@redoaks.org.uk

Mr Lee - fsmanager@redoaks.org.uk - Foundation Stage queries - Nursery & Reception

Mrs Maxfield - Yr123@redoaks.org.uk - Years 1, 2 & 3

Miss Gerrard - Yr456@redoaks.org.uk - Years 4, 5 & 6



Upcoming Dates

23/11 Flu Vaccination

12/12 Go Sketch Workshop

14/12 Christmas Lunch

18/12 School breaks up for Xmas Hols @ 1.15pm and 1.30pm depending on start times.

DON'T FORGET ODD SOCKS THIS FRIDAY!!!

Free

Live on zoom

**Family Christmas
Cartoon Workshop**

**Sat 12th Dec
10am-11am**

**All you need:
Pen, pencil, paper,
colouring pencils
or pens**

GO SKETCH CLUB

RED OAKS PRIMARY SCHOOL
Aspire Achieve Grow

<https://www.gosketchclub.com/live-webinar/red-oaks-kawaii-cartoon-workshop/register>



Brought to you by



What you need to know about... PERSUASIVE DESIGN

What is it?

'Persuasive Design'

Social media can be really addictive, and sites want to keep users on their platforms for as long as possible. The more people scroll and consume there, the more money the social networks make from advertisers. Because of this, the platforms have invested heavily in designing themselves to be super addictive, persuading you to stay with them online. Have you ever noticed that you can seemingly scroll forever on Facebook or Instagram? That's because these platforms collect content from right across the internet so they can keep giving you, or your child, stuff to look at.

Know the Risks

Hard to disengage

The most powerful trick used by social media platforms is to show you things they know you're interested in. Most platforms use algorithms to work out what content they should show you. These equations are highly complicated and very effective and keep you engaged for long periods of time. They avoid showing you things you'll find boring.

Limitless scrolling

If you were reading a book, you'd put it down once it ended. It's the same with a newspaper, magazine, or television show. Social media has no natural end, so it's easy to keep on scrolling and lose track of time.

Notifications addiction risk

Whether you're using a social media app or website, notifications from the platform keep you coming back for more. Notifications and alerts are addictive. We generally keep them turned on because we don't want to miss out. They're usually red because red signals danger. Social networks want you to feel like you MUST check your notifications!

Plays on emotions

Social networks are great at reminding you of people's birthdays and past special occasions. This means that lots of meaningful memories and messages between friends and families are documented on social media. This creates an almost emotional bond with social networks, leading to people's reluctance to stop using them.

Safety Tips

Set non-phone times

Have some time in the day when no one uses their phone. A good starting point is meal times. This gives you the opportunity to make sure everyone is off social media and interacts in real life. Perhaps when you go for a walk, you could all leave your phones at home or set a phone-free day each week.

Use screen time controls

There are lots of apps that monitor how long someone is spending on their phone and on specific apps. You can also set phones to restrict when certain apps can be used. iPhones have a 'downtime' feature, which automatically shuts apps off between specific times and needs you to manually override the setting if you want to keep using them.

No phones at night

Keeping a phone in another room at night means there are no temptations to check social media or scroll while in bed. This will definitely help improve sleep patterns too. Phones emit blue light, which can trick people into thinking it's day time and keep them from feeling tired.

Turn off notifications

There's nothing you can do to change the design of social media platforms. However, if you're concerned that someone's spending too long on social media, turning off their notifications can help put an end to those alerts that can tempt you back into the platform and break the cycle of 'alert, check, scroll'.

Action & Support

Monitor the situation

See if you can link your child's mood with the time they spend on their phone. Do they start scrolling when they're feeling bored or sad? Is the link the other way around? Perhaps it's the scrolling that affects their mood in which case it's a good idea to intervene and talk to them about how they're feeling.

Practice what you preach

If you're always scrolling, your children will think it's normal that they do too. Look at limiting your own usage and following the same rules for your own social media consumption. If there does seem to be an unhelpful relationship with social media developing, this is probably made worse by spending longer there.

Our Expert Jodie Cook



Jodie Cook is a leading expert on social media. She is the founder of JC Social Media, an award-winning team of social media managers and trainers, and was included in Forbes' 30 under 30 social entrepreneurs in Europe 2017. Jodie has appeared on ITV News and CNBC and has worked as a social media expert for The Telegraph, New York Post and Forbes Online.

Red Oaks Rules Out The Bully



PHYSICAL



EMOTIONAL



VERBAL

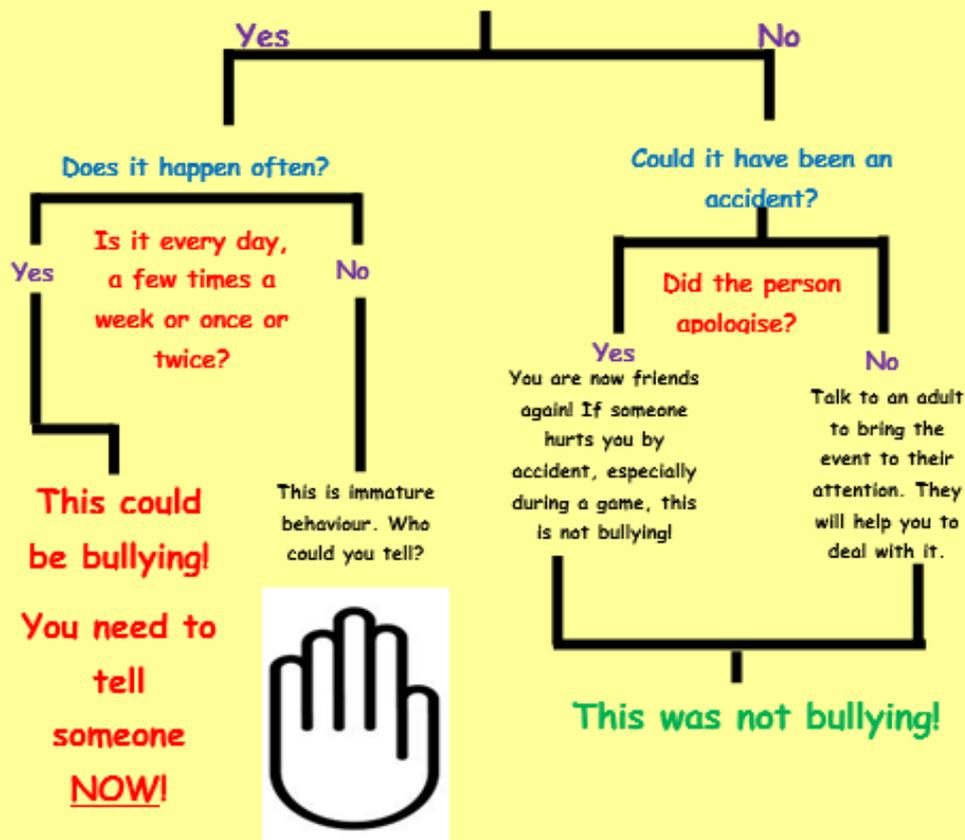


CYBER

Is someone bullying me?

Think about what has happened to you.

Was it done on purpose?





Christmas craft

As we will be unable to hold our Christmas craft session as usual this year we have decided to make up craft packs for families to get creative at home. Each pack will contain lots of different craft ideas and resources to make at least 4 different items.

Packs will cost £5 each and will contain enough resources for 2 children to get busy.

As we will need to know how many packs** to make up we would like to know numbers, stating how many packs you require by Thursday 26th November, and request payment at the same time.

** (packs will be made up and left untouched for 72 hours before they come home)

Packs will then be sent home with children on Friday 4th December.

We would love you to post some pictures of your finished crafts on the relevant section of the school website.

Christmas craft packs 2020

I/we would like to receive a Christmas craft pack - I enclose £5 per pack in an envelope

Name and ages of child/children -----

Number of packs requested -----