

Red Oaks Primary School
12th January 2022
Newsletter



Welcome back to the start of Term 3! Thank you to everyone in supporting us in keeping our children safe by adhering to the Covid-19 risk assessment. The children have an exciting term of learning planned and we cannot wait to get started.

No Screen Week - 24th to 28th January

From time to time we all need a break from our screens, particularly, children. The results from Ofcom's 20/21 Media Use and Attitudes report showed that in the UK children aged between 5-16 years spend an average of **2-3 hours per day** watching television, **1-3 hours** on the internet, **1-2 hour** playing video games and over an hour on mobile phones (not talk), a total of **6.3 hours of screen time per day**. In addition to this **55% of 5-7s, 80% of 8-11s and 86% of 12-15s** said that they play games online.

That's why we have decided to hold a No Screen's Week at Red Oaks. To support us in this we would love for your child to complete a sponsored no screen day. This means no game consoles, iPads or any other electrical distractions. How about a personal challenge to get involved in non-screen-based entertainment for example; colouring, reading, drawing, playing board games.

You could be sponsored for the day or per hour! How much do you think you will raise? How many hours will you complete? A sponsorship form is attached within the newsletter. We can't wait to find out! Good luck!

Phase leaders

As a school we have decided to introduce Phase leaders who will each be responsible for 2 year groups. They are your first point of contact for your child after you have spoken to the class teacher.

Martyn Cowell - fsmanager@redoaks.org.uk

Stacey McGahey - y1.2@redoaks.org.uk

Mandy Wilson - y3.4@redoaks.org.uk

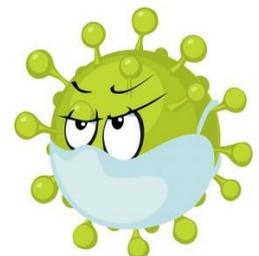
Peter Newton - y5.6@redoaks.org.uk

Behaviour Policy

This week we are trying a new behaviour policy. After the trial this week, we will post this on the website as soon as it is finalised.

Covid 19 Test Results

The new guidance states that anyone who has been a close contact of a positive Covid-19 case (**even if they are fully vaccinated or under 12**) now **needs to complete a daily lateral flow test for 7 days**, regardless of the variant.



From **11th January** if your child tests **positive** on a Lateral Flow Test (LFT) please let the school know so that we can update our records, either by telephone (01793 493920) or send an email with the subject line "**Positive LFT and child's name**" to Mrs Ponting on pontingj@redoaks.org.uk. They will then need to self-isolate for 7 days, testing again on day 6 and day 7 - if both these tests are negative they can return to school. If you have any queries with this please phone the school. **At this time a PCR test to confirm COVID will not be needed**, if this requirement changes we will let you know.

Smart Watches

Just a reminder that smart watches with camera technology are not allowed in school for safeguarding reasons. We do not allow these kinds of watches even if this facility is switched off. Watches that record

steps and heart rate etc are permitted but are worn in school at the owner's risk and children will be asked to remove these for PE lessons.

Car Parking

A reminder to all that the Staff parking area is for **school staff ONLY** and is not to be used by parents/carers at any time. Parents/carers must only use the visitor side of the car park where there are ample spaces. This is found on your right when entering into the car park and is clearly signposted. If you park in the staff area you will be asked to move.

Teacher Training Days

As a reminder for your diaries, the remaining teacher training days for this academic year are Friday 18th February, Thursday 16th and Friday 17th June. School finishes for the summer on Thursday 21st July at 3.00pm, Friday 22nd July is a TD day.

Parent Forum

I would really like the opportunity to meet with parents to find out your views about the school, ways we could improve and any great things which you think we could do more of. This invite is open to any parent of children from Nursery through to Year 6.

While I would love to be able to meet everyone in school, I think given the current circumstances, it would be safer to do this initially on Microsoft Teams virtually. The virtual meeting will take place on **Monday 31st January at 11:00am** and be no longer than an hour.

If you would like to attend, please send an email to office@redoaks.org.uk with the title 'parent forum' so I can send you a Teams invite. I look forward to seeing as many of you there as possible.

Upcoming Dates

- 15 Jan - Deadline for Primary School Admissions
- 24 Jan-28 Jan - No Screen Week
- 31 Jan - Parent Forum at 11.00am
- 17 Feb - Break up for Half Term at 3.00pm (Apple 3.10pm)
- 28 Feb - School re-opens



Science week competition

Growth competition

- **The poster competition is BACK in 2022!**
- The theme for this year's British Science Week 2022 poster competition is 'Growth'. This is very open ended and you can be as broad as you like as long as growth features.
- Your poster could explore a tadpole's journey into a fully-grown adult frog, or look at the way population growth is affecting the planet.
- **Entries must come to school by Friday 1st April.**
- There is a competition winner for Early Years, Key Stage 1 and Key Stage 2.



Please email or pass your entries to Miss Wilson by the 1st April deadline so I can send them off.



Good luck little geniuses

<https://www.britishtimeeweek.org/plan-your-activities/poster-competition/>

Red Oaks Primary School FORO (Friends of Red Oaks)



We are looking for parents, grandparents and friends of the school to join our fundraising committee – raising funds to support the education of children at Red Oaks.

If you can help, please email:

foro@redoaks.org.uk

Thank you 😊





CHILDREN'S HEALTH

WINTER YOUNG PERSON'S AND CHILDREN'S CLINIC

- ACHING MUSCLES
- CONTINUOUS COUGH
- HIGH TEMPERATURE
- LOSS OF TASTE OR SMELL
- NEW FATIGUE
- SHORTNESS OF BREATH
- NASAL CONGESTION
- PERSISTENT HEADACHE

DEDICATED ACUTE ILLNESS CLINIC FOR 2-17 YEAR OLDS



MONDAY - FRIDAY 08:00 - 16:00



01793 709505



TAM HILL MEDICAL CENTRE, SN25 1JH

We are excited to announce a new service for children living in Swindon led by an experienced team of GPs and Advanced Clinical Practitioners.

We are aware that children are more likely to be unwell during the winter months, therefore have created this service to allow easier access for medical care when needed and ease the demand on local surgeries.

OTHER SERVICES AVAILABLE FOR MEDICAL ADVICE

NHS WEBSITES

www.nhs.uk/conditions

www.whenshouldiworry.com

<https://hswo.org.nhs.uk/year-health/hospital-care/childrens-health>

PHARMACIES

The local pharmacies are a quick and easy way to discuss your symptoms and get treatment plans.

111

A 24/7 triage service designed to help assess your current symptoms.

<https://111.nhs.uk>

Team Swindon



JOIN THE FUN BY BOOKING ON THROUGH EVENTBRITE

Search 'Online Youth Club' if you need support
please email: Outreachprojectme@barnardos.org.uk

SCAN ME



NHS
Bath and North East Somerset,
Swindon and Wiltshire
Clinical Commissioning Group



Believe in children
Barnardo's



Online Youth Club!



MONDAY 4PM - 5PM - 7 - 11 YEAR OLDS

OUTREACHPROJECTME@BARNARDOS.ORG.UK

TUESDAY 4PM - 5PM - 11 - 16 YEAR OLDS

[HTTPS://WWW.FACEBOOK.COM/BARNARDOS-SWINDON-TRAILBLAZER-115998896691398](https://www.facebook.com/barnardos-swindon-trailblazer-115998896691398)

WEDNESDAY 4PM - 5PM - 7 - 11 AGE YEAR OLDS

[HTTPS://WWW.EVENTBRITE.CO.UK/O/SWINDON-TRAILBLAZER-PROJECT-ME-OUTREACH-TEAM-32372666431](https://www.eventbrite.co.uk/o/swindon-trailblazer-project-me-outreach-team-32372666431)

WEDNESDAY 5:15PM-6:15PM - 9-12 YEAR OLDS



facebook

SCAN ME



SCAN ME



Eventbrite

POP UP EVENTS, COMPETITIONS AND MORE!

Part of our role is to break down the stigma of mental health and raise awareness of what is locally available for young people and their families to access.

To do this we engage in community events such as festivals, work with external agencies such as the local parish youth workers and provide free trails in our local parks and open spaces during out of term holidays.

OUT OF TERM ACTIVITIES

During school holiday's we aim to run larger projects where young people have the opportunity to learn more about the five steps to mental wellbeing in a fun and interactive way, as well as having the opportunity to meet and make friends. We work with all young people aged 5-19 who are residents or access education within the Swindon Borough.

WANT TO KNOW MORE ABOUT WHAT WE DO?

CONTACT US HERE:

Outreachprojectme@barnardos.org.uk

or call us

Tamara - 07783847583

Saxone - 07395712261

Hardeep - 07708492379

Find us on Facebook by searching
'Barnardo's Swindon Trailblazer'

Scan me to go to
our Facebook
page!



Scan me to go to
our Eventbrite
page!



THE OUTREACH TEAM

WHO ARE WE?

Tamara Howell



Hardeep Lyall



Saxone Barton



ABOUT THE OUTREACH TEAM

The Outreach Team works within the community to raise awareness of mental health issues and promote healthy mental wellbeing. They also help children, young people and families, who might otherwise find it difficult to access mental health support, by introducing them to other local professionals, charities and organisations.

OUR AIMS

- 1) Help and support children and young people and their families/carers who find it challenging to engage with services
- 2) Connect service users with local professionals, organisations, charities, so they can overcome their current life obstacles and lead a happy, healthy life
- 3) Raise community awareness of mental health issues
- 4) Help service-users overcome the stressors in their lives such that they can function at a higher level
- 5) Promote healthy mental functioning

TERM TIME ACTIVITIES

During term time we run various projects for 5-19 year olds that are based on the five steps to mental wellbeing.

Online Youth Club

College Enrichment Drop-in Sessions

Sign-posting (we aim to sign-post children, young people and families all year round)

Detached Work

Assemblies and much more!

We run regular competitions, one off events and more (which often includes some freebies!).