

WEEK 1 MENU

w/c - 01/11, 22/11, 13/12, 03/01, 24/01, 21/02, 14/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	STREET FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	Sausage & Onion Gravy	Braised Beef Meatballs, Tomato Sauce	Roast Chicken	Macaroni Cheese	Oven Baked Breaded Pollack
Main 2	Quorn Sausage & Gravy	Vegan Meatballs	Roasted Quorn Fillet & Gravy	Chickpea & Spinach Curry	Margarita Pizza
Carbohydrates	Mashed Potato	Penne Pasta	Roasted Potatoes	Garlic Bread Braised Turmeric Rice	Oven Baked Chips
Vegetables	Sliced Carrots Garden Peas	Green Beans Sweetcorn	Fresh Glazed Carrots Savoy Cabbage	Broccoli Florets	Garden Peas Baked Beans
Desserts	Chocolate Beetroot Cake Organic Yoghurts	Raspberry Jelly Organic Yoghurts	Autumn Fruit Crumble Organic Yoghurts	Apple Shortbread Fresh Fruit Wedges Organic Yoghurts	Mango Frozen Yoghurt Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)

Future 50 Contains one or more of the top 50 most sustainable foods in the world!

Vegetarian **Vegan** **Organic**

For allergen content please speak to member of staff who will be happy to assist



Working together

WEEK 2 MENU

w/c – 08/11, 29/11, 10/01, 31/01,
28/02, 21/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	WORLD FOOD DAY	PLANET EARTH DAY	ORIGINALS DAY	STREET FOOD DAY	FRIDAY FAVOURITES
MAIN 1	Cool Chicken Curry	Cheese & Tomato Pizza	Roast Gammon	Cottage Pie	Oven Baked Breaded Fish (Pollock)
Main 2	Cauliflower and Chickpea Curry	Roasted Vegetable Lasagne	Roasted Quorn Fillet & Gravy	Vegetable Shepherds Pie	Quorn Dippers & Tomato Salsa
Carbohydrates	Braised Rice	Garlic Bread	Roasted Potatoes	Mashed Potato	Oven Baked Chips
Vegetables	Mixed Vegetables	Green Beans	Garden Peas and Fresh Carrots	Broccoli Florets Sweetcorn	Garden Peas Baked Beans
Desserts	Carrot & Apple Muffin Organic Yoghurts	Mandarin Cheesecake Organic Yoghurts	Autumn Cake Organic Yoghurts	Freshly Made Vanilla Cookie Organic Yoghurts	Ice Cream Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Vegan



Organic

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Working together

WEEK 3 MENU

w/c – 15/11, 6/12, 17/01, 07/02, 07/03, 28/03



	Monday	Tuesday	Wednesday	Thursday	Friday
	STREET FOOD DAY	WORLD FOOD DAY	ORIGINALS DAY	PLANET EARTH DAY	FRIDAY FAVOURITES
MAIN 1	BBQ Chicken Thigh	Freshly Made Burger in a Bun	Roast Pork	Cauliflower & Broccoli Crunchy Cheese Bake	Oven Baked Fish Fingers
Main 2	Vegan Potato and White Bean Chilli 	Quorn Sausage Pattie Burger 	Roasted Quorn Fillet & Gravy 	Roasted Vegetable Wholemeal Pasta Bake 	Margarita Pizza
Carbohydrates	Braised Rice	Half Jacket Potato	Roast Potatoes	Garlic and Parsley Bread	Oven Baked Chips
Vegetables	Green Beans Sliced Carrots	Baked Beans	Roasted Carrots Roasted Parsnips	Broccoli Florets	Garden Peas Baked Beans
Desserts	Vanilla Sponge Cake Organic Yoghurts	Orange Jelly Organic Yoghurts	Chocolate Sponge & Custard Organic Yoghurts	Strawberry Mousse Organic Yoghurts	Oaty Raspberry Flapjack Organic Yoghurts

AVAILABLE DAILY: Jacket potatoes baked onsite with a daily choice of two toppings - Seasonal cut fruits - Mixed salad bar - Freshly baked breads (white or wholemeal)



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Vegetarian



Vegan



Organic

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