Site Name: SEN

Week 1

Menu Item ✓ Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Mollinece	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Veggie Sausage, Mash & Gravy		Wheat					✓							
Pork Sausage, Mash & Gravy		Wheat					√						✓	1
Quorn Masala & Rice		Wheat / Barley												
Chicken Curry & Rice		Wheat												
Roast Chicken Dinner														
Broccoli & Cauliflower Cheese & Roast Potatoes							√							
Beef & Vegetable Lasagne		Wheat		MC			✓		МС				MC	
Vegetable Lasagne		Wheat		MC			1		МС				МС	
Fish Fingers & Chips		Wheat			1									
Cheese & Tomato Pizza & Chips		Wheat		MC			1							

RED OAKS

Week 2

Menu Item ✓ Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Mollinge	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Veggie Sausage Pasta Bake		Wheat							MC					
Pasta Bolognese		Wheat							МС					
Cheese & Tomato Pizza & Potato Wedges		Wheat		MC			<							
Meat Feast Pizza & Potato Wedges		Wheat		MC			/							
Roast Gammon Dinner														
Quorn Roast, Roasted Potatoes & Gravy		Wheat/ Barley		✓										
Chickpea & Sweet Potato Curry & Rice														
BBQ Chicken & Rice														
Quorn Nuggets & Chips		Wheat												
Breaded Fish & Chips		Wheat			√									

SEN & RED OAKS

Week 3

Menu Item Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Molliece	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Diovide &
Veggie Meatballs, Mash & Gravy		Barley/ Wheat					✓							
Cottage Pie							√							
Sweet & Sour Vegetables & Rice														
BBQ Chicken Wrap & Rice		Wheat												
Roast Chicken Dinner														
Quorn Fillet, Roasted Potatoes & Gravy		Wheat												
Macaroni Cheese		Wheat					√							
Vegetable Traybake														
Cheese & Tomato Pizza & Chips		Wheat		МС			\							
Fish Fingers & Chips		Wheat					√							

DESSERTS

Menu Item ✓ Tick the allergens that are in the dish Insert 'MC' where the label states 'May Contain'	Celery	Cereal containing gluten *	Crustaceans	Eggs	Fish	Lupin	Milk	Molliscs	Mustard	Nuts**	Peanuts	Sesame seeds	Soya	Sulphur Dioxide &
Autumn Shortbread		Wheat												
Vanilla / Strawberry Ice Cream / Yoghurt							√							
Apple Yoghurt Cake		Wheat		✓			√							
Oat & Lemon Cookie/ Autumn Fruit Traybake		Wheat/ Oats												
Ginger Cake		Wheat												
Cinnamon Apple Cake, Vanilla Sponge		Wheat		✓										
Chocolate / Vanilla Cookie		Wheat												
Iced Carrot Cake / Berry Crumble Cake		Wheat		✓										
Toffee Apple Pudding		Wheat		✓										
Chocolate Cornflake Cake		Barley												