



DRESS TO EXPRESS

THIS CHILDREN'S MENTAL HEALTH WEEK



Shine a spotlight on the importance of children and young people's mental health this Children's Mental Health Week.

Help to ensure every child has easy access to mental health support whenever they need it.

Use clothing and colour to express yourself during Children's Mental Health Week and donate £2 to Place2Be.



Place2Be's

CHILDREN'S MENTAL HEALTH WEEK

7 - 13 FEBRUARY 2022